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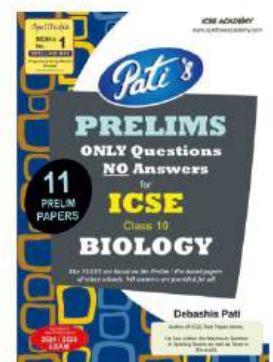
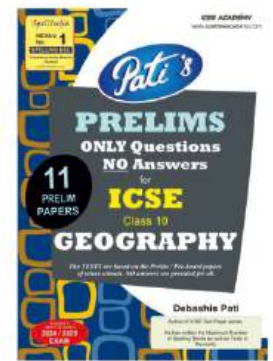
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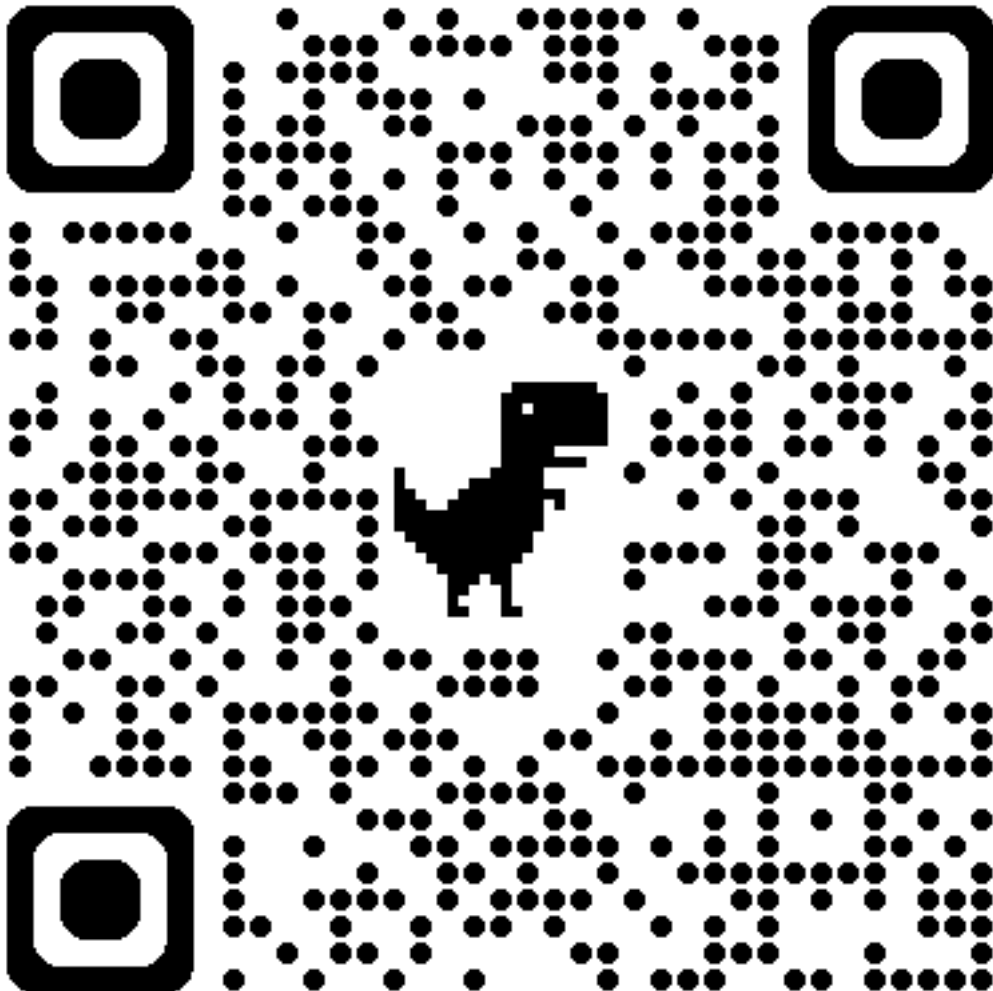
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COMPETENCY-FOCUSED PRACTICE QUESTIONS

Table of Contents

S.No	Type of Questions	Page Nos.
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	<i>Answer Key</i>	19-28


ICSE - CLASS X


Home Science

Type I: Multiple Choice Questions (1 Mark Each)

S.No.	Questions
1.	<p><i>[Home Management]</i></p> <p>Seema, through an online shopping app, purchased various goods. While doing her payment through GooglePay, she faced difficulty. According to you, what were the difficulties she faced?</p> <ul style="list-style-type: none">i. Poor connectivityii. Adequate moneyiii. Insufficient moneyiv. Excellent connectivity <p>Choose the <i>correct</i> answer:</p> <ul style="list-style-type: none">(a) Only ii(b) Both i and iii(c) Both ii and iv(d) Only iv <p style="text-align: right;">[Analysis]</p>
2.	<p><i>[Home Management]</i></p> <p>Dr. Ghosh had an average income per month. In order to improve his income level, he needed to rely on _____.</p> <ul style="list-style-type: none">(a) remuneration(b) salary(c) incentives(d) revenue <p style="text-align: right;">[Application]</p>
3.	<p><i>[Home Management]</i></p> <p>_____ colours are avoided in the kitchen.</p> <ul style="list-style-type: none">(a) Warm(b) Cool(c) Light(d) Bleak <p style="text-align: right;">[Understanding]</p>

S.No.	Questions
4.	<p><i>[Home Management]</i></p> <p>Mr. Ahmed is planning to open a play school for children. He needs to purchase furniture for his new school. In your opinion, which two criteria should he keep in mind while purchasing the furniture?</p> <ul style="list-style-type: none"> i. Colourful ii. Style iii. Lightweight iv. Formal <p>Choose the <i>correct</i> option:</p> <ul style="list-style-type: none"> (a) Both ii and iii. (b) Both i and ii. (c) Both i and iii. (d) Both iii and iv <p style="text-align: right;">[Analysis]</p>
5.	<p><i>[Home Management]</i></p> <p>The ceiling at Manish's father's office was structured at a low level. He wants to make the room look more spacious. According to you which type of curtains he should choose to provide such kind of spacious look?</p> <ul style="list-style-type: none"> (a) Plain curtains. (b) Curtains with diagonal lines. (c) Patterned curtains. (d) Curtains with checks. <p style="text-align: right;">[Application]</p>
6.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Development is _____</p> <ul style="list-style-type: none"> (a) external and continuous. (b) internal and indirectly measured. (c) maturity and qualitative. (d) heredity and learning. <p style="text-align: right;">[Understanding]</p>
7.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>A child aged 10 years is suffering from Juvenile diabetes. Which type of food should she avoid to maintain fitness?</p> <ul style="list-style-type: none"> (a) Fruits and vegetables. (b) Fat and sugar. (c) Milk and meat products. (d) Pulses and dal. <p style="text-align: right;">[Application]</p>

S.No.	Questions
<p>8.</p>	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Your guests have come to your house without prior notice for dinner. According to you, which characteristics will you keep in mind while preparing meals for them?</p> <ol style="list-style-type: none"> i. Seasonal ii. Variety iii. Time management iv. Balanced <p>Choose the <i>correct</i> option.</p> <ol style="list-style-type: none"> (a) Only i. (b) Only ii and iii. (c) Only i and iii. (d) Only iii and iv. <p style="text-align: right;">[Analysis]</p>
<p>9.</p>	<p><i>[Home Management]</i></p> <div style="text-align: center;">  </div> <p>With respect to the above picture, choose the statement below that BEST describes it.</p> <ol style="list-style-type: none"> (a) Insufficient workspace. (b) Efficient work utility. (c) No existence of a work triangle. (d) Lack of storage facilities. <p style="text-align: right;">[Analysis]</p>

S.No.	Questions
<p>10.</p>	<p><i>[Growth And Development (Middle Childhood)]</i></p>  <p>Which of the following statements BEST describes the image above.</p> <p>(a) Children are exploring the new world. (b) They are cooperative with each other. (c) A child is rebuking another child. (d) Disapproval is projected amongst friends.</p> <p style="text-align: right;">[Analysis]</p>
<p>11.</p>	<p><i>[Home Management]</i></p> <p>Statement I: Post offices, banks, shares and mutual funds are excellent sources of investment.</p> <p>Statement II: Investment is primarily done to obtain an additional source of income over a period of time.</p> <p>Choose the <i>correct</i> option:</p> <p>(a) Statement I is true, and II is false. (b) Statement I is false, but II is true. (c) Both statements are true. (d) Both statements are false.</p> <p style="text-align: right;">[Evaluate]</p>
<p>12.</p>	<p><i>[Meal Planning]</i></p> <p>Deshik had preserved strawberries in refrigerator. He later found them spoiled. It may be due to:</p> <p>(a) deterioration of food. (b) contamination of food. (c) preservation of food. (d) sanitation of food.</p> <p style="text-align: right;">[Analysis]</p>

S.No.	Questions
13.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Ila wants to use a colourless dye for her white linen suit. Identify the appropriate agent from the following options.</p> <p>(a) Detergent (b) Soap (c) Blue (d) OFB</p> <p style="text-align: right;">[Application]</p>
14.	<p><i>[Meal Planning]</i></p> <p>Nitya needed an airtight container to store walnuts. What is the need for an airtight container in this case?</p> <p>(a) To keep them cool. (b) For aeration. (c) To create vacuum-like conditions. (d) To prevent loss of colour.</p> <p style="text-align: right;">[Analysis]</p>
15.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Radha had a six-yard cotton sari. She wanted to apply starch on it. Which of the following should she consider before taking a decision on applying starch on the sari?</p> <p>A. Starch should be applied only on thin fabrics. B. Stiffness in the cotton sari after application. C. Amount of stiffness Radha desires. D. Heavy and light fabrics require very little starch.</p> <p>(a) Only A (b) Only B (c) Both B and C (d) Only D</p> <p style="text-align: right;">[Analysis]</p>
16.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Esther soaked her knitted woollen scarf in water. After drying, she found her scarf fibres broken and deformed. This could be because:</p> <p>(a) she did not use kneading and squeezing while washing. (b) she did not vacuum-clean the garment. (c) she did not brush the garment thoroughly. (d) she did not beat the garment with a stick.</p> <p style="text-align: right;">[Evaluate]</p>

S.No.	Questions
17.	<p><i>[Meal Planning]</i></p> <p>While having lunch, Vedansh opened a table salt container and forgot to cap the container. By the next day, he observed that the salt had become slightly sticky. What could be the reason?</p> <p>(a) Salt is hydrophobic. (b) Salt is hygroscopic. (c) Salt is an efflorescent substance. (d) Salt is a deliquescent substance.</p> <p style="text-align: right;">[Application]</p>
18.	<p><i>[Communication and Extension]</i></p> <p>Which aid would you choose to depict the 'Tom and Jerry' cartoon show?</p> <p>(a) Puppet show (b) Ventriloquism (c) Street play (d) Classical dance</p> <p style="text-align: right;">[Analysis]</p>
19.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Rohan saw some stains on his mother's new silk sari after ironing. What could be the reason?</p> <p>(a) Sprinkled vinegar while ironing. (b) Sprinkled perfume while ironing. (c) Sari was exposed to a jet of steam coming from the nozzle of the kettles. (d) Silk sari was sprinkled with salt water.</p> <p style="text-align: right;">[Understanding]</p>
20.	<p><i>[Meal Planning]</i></p> <p>Wheat grains should be stored in:</p> <p>(a) dry areas. (b) warm areas. (c) moist areas. (d) high humid areas.</p> <p style="text-align: right;">[Analysis]</p>
21.	<p><i>[Meal Planning]</i></p> <p>Leafy vegetables _____ faster within a few hours of purchase.</p> <p>(a) flourishes (b) wilts (c) freshens (d) strengthens</p> <p style="text-align: right;">[Application]</p>

S.No.	Questions
22.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Hospital clothes need to be boiled to _____ them.</p> <p>(a) attractive (b) disinfect (c) brightened (d) glossy</p> <p style="text-align: right;">[Application]</p>
23.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>My aunt's silk saree needs to be washed with _____ to give a glossy look.</p> <p>(a) gum Arabic (b) neutral soap (c) strong soap (d) mild bleaches</p> <p style="text-align: right;">[Application]</p>
24.	<p><i>[Home Management]</i></p> <p>Assertion (A): Curtains are used to insulate a room. Reason (R): Curtains acts as a buffer against sound and noise.</p> <p>(a) A is true, R is false. (b) A is false, R is true. (c) Both A and R are true, and R is the correct explanation of A. (d) Both A and R are true, but R is not the correct explanation of A.</p> <p style="text-align: right;">[Application]</p>
25.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Assertion (A): By middle childhood, most of the children develop the ability to grasp logical thoughts and find solutions to numerical. Reason (R): The cognitive development in children is the ability to think and find solutions to problems.</p> <p>(a) A is true, R is false. (b) A is false, R is true. (c) Both A and R are true, and R is the correct explanation of A. (d) Both A and R are true, but R is not the correct explanation of A.</p> <p style="text-align: right;">[Application]</p>

S.No.	Questions								
26.	<p><i>[Meal Planning]</i></p> <p>Assertion (A): It is always better to eat whole fruit.</p> <p>Reason (R): Fruit juices are rich in fibre.</p> <p>(a) A is true, R is false. (b) A is false, R is true. (c) Both A and R are true, and R is the correct explanation of A. (d) Both A and R are true, but R is not the correct explanation of A.</p> <p style="text-align: right;">[Application]</p>								
27.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Assertion (A): The cotton saree needs to be starched on a regular basis.</p> <p>Reason (R): Starching does not provide a good finish to the cotton saree.</p> <p>(a) A is true, R is false. (b) A is false, R is true. (c) Both A and R are true, and R is the correct explanation of A. (d) Both A and R are true, but R is not the correct explanation of A.</p> <p style="text-align: right;">[Application]</p>								
28.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Assertion (A): Socially disadvantaged children are denied opportunities, thus, affecting overall development.</p> <p>Reason (R): All children need love, care and protection for holistic development.</p> <p>(a) A is true, R is false. (b) A is false, R is true. (c) Both A and R are true, and R is the correct explanation of A. (d) Both A and R are true, but R is not the correct explanation of A.</p> <p style="text-align: right;">[Application]</p>								
29.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Match the following:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">I. Chiffon saree</td> <td style="width: 50%;">A. Overnight soaking</td> </tr> <tr> <td>II. Cotton towel</td> <td>B. No soaking</td> </tr> <tr> <td>III. Woolen sweater</td> <td>C. Avoid soaking</td> </tr> <tr> <td>IV. Banarasi saree</td> <td>D. Soaking in cold water</td> </tr> </table> <p>(a) I-A, II-B, III-C, IV-D (b) I-B, II-A, III-D, IV-C (c) I-D, II-A, III-C, IV-B (d) I-C, II-D, III-B, IV-A</p> <p style="text-align: right;">[Application]</p>	I. Chiffon saree	A. Overnight soaking	II. Cotton towel	B. No soaking	III. Woolen sweater	C. Avoid soaking	IV. Banarasi saree	D. Soaking in cold water
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S.No.	Questions								
<p>30.</p>	<p><i>[Meal Planning]</i></p> <p>Match the following:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">I. Perishable food</td> <td style="width: 50%;">A. French fries</td> </tr> <tr> <td>II. Nonperishable</td> <td>B. Canned beans</td> </tr> <tr> <td>III. Convenience food</td> <td>C. Chicken keema</td> </tr> <tr> <td>IV. Fast food</td> <td>D. Protein bar</td> </tr> </table> <p>(a) I-A, II-B, III-C, IV-D (b) I-B, II-A, III-D, IV-C (c) I-C, II-D, III-B, IV-A (d) I-D, II-B, III-A, IV-C</p> <p style="text-align: right;">[Application]</p>	I. Perishable food	A. French fries	II. Nonperishable	B. Canned beans	III. Convenience food	C. Chicken keema	IV. Fast food	D. Protein bar
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<p>31.</p>	<p><i>[Communication and Extension]</i></p> <p>Match the following:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">I. PMJDY</td> <td style="width: 50%;">A. Creating a safe environment for girls.</td> </tr> <tr> <td>II. PMJAY</td> <td>B. Implementing a financial programme.</td> </tr> <tr> <td>III. PMUY</td> <td>C. Accessing health facilities for backward families.</td> </tr> <tr> <td>IV. POCSO</td> <td>D. Providing a clean cooking fuel.</td> </tr> </table> <p>(a) I-A, II-B, III-C, IV-D (b) I-B, II-C, III-D, IV-A (c) I-C, II-D, III-A, IV-B (d) I-D, II-A, III-C, IV-B</p> <p style="text-align: right;">[Analysis]</p>	I. PMJDY	A. Creating a safe environment for girls.	II. PMJAY	B. Implementing a financial programme.	III. PMUY	C. Accessing health facilities for backward families.	IV. POCSO	D. Providing a clean cooking fuel.
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<p>32.</p>	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Match the following:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">I. Expressing feelings</td> <td style="width: 50%;">A. Cognitive development</td> </tr> <tr> <td>II. Speaking and listening skills</td> <td>B. Social development</td> </tr> <tr> <td>III. Skill of mingling with others</td> <td>C. Emotional development</td> </tr> <tr> <td>IV. Analytical skill</td> <td>D. Language development</td> </tr> </table> <p>(a) I-D, II-C, III-A, IV-B (b) I-B, II-A, III-D, IV-C (c) I-C, II-D, III-B, IV-A (d) I-A, II-C, III-D, IV-B</p> <p style="text-align: right;">[Application]</p>	I. Expressing feelings	A. Cognitive development	II. Speaking and listening skills	B. Social development	III. Skill of mingling with others	C. Emotional development	IV. Analytical skill	D. Language development
I. Expressing feelings	A. Cognitive development								
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IV. Analytical skill	D. Language development								

S.No.	Questions
33.	<p><i>[Communication and Extension]</i></p> <p>Select the most appropriate communication aids:</p> <p>I. Flyer A. Global warming prevention awareness programme II. Poster B. Child labour prevention programme III. Brochure C. Catering business promotions IV. Street play D. Real estate business promotions</p> <p>(a) I-C, II-A, III-D, IV-B (b) I-B, II-C, III-A, IV-D (c) I-D, II-C, III-B, IV-A (d) I-A, II-D, III-B, IV-C</p> <p style="text-align: right;">[Application]</p>


II: Very Short Answer Questions (1 Marks Each)

S.No.	Questions
34.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>State whether the statement is true or false:</p> <p>Permissive parents lead to spoilt children, whereas authoritative parents lead children to have self-confidence.</p> <p style="text-align: right;">[Understanding]</p>
35.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>State whether the statement is true or false:</p> <p>Bleeding of colours from new fabric can be prevented by boiling them in salt water.</p> <p style="text-align: right;">[Understanding]</p>
36.	<p><i>[Meal Planning]</i></p> <p>State whether the statement is true or false:</p> <p>The quickness with which food gets spoilt is its shelf-life.</p> <p style="text-align: right;">[Understanding]</p>
37.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Meera's graduation from middle school to high school is a _____ surpassed in her life.</p> <p style="text-align: right;">[Application]</p>
38.	<p><i>[Home Management]</i></p> <p>Assured income is to necessities: possible income is for _____.</p> <p style="text-align: right;">[Analy]</p>

III: Short Answer Questions (2 Marks Each)

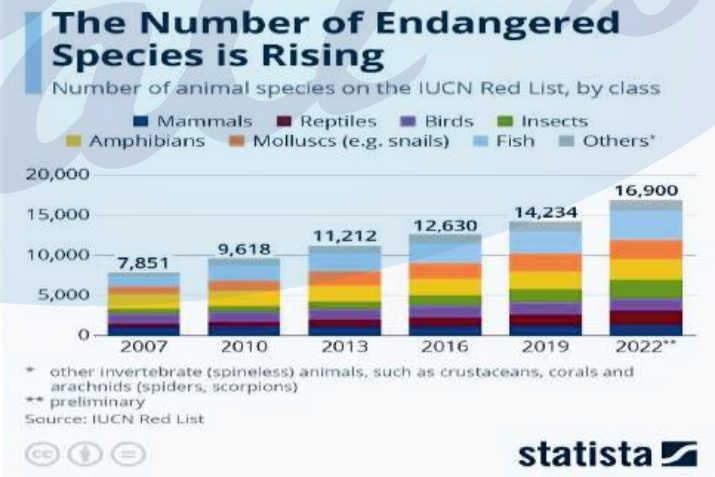
S.No.	Questions
39.	<p><i>[Home Management]</i></p> <p>Beena received a cash award of ₹5000 for her extraordinary performance in an essay writing competition conducted by ‘The Hindu’. What type of income is this considered, and where could she invest this money for potential growth? [Application]</p>
40.	<p><i>[Home Management]</i></p> <p>Roy is planning to apply for a credit card to refurbish his Indian-style sitting kitchen to a modular kitchen. Evaluate <i>two</i> limitations of modular kitchens. [Evaluate]</p>
41.	<p><i>[Home Management]</i></p> <p>Madhav wants to purchase patterned curtains. List out any two criteria to remember while purchasing them. [Application]</p>
42.	<p><i>[Meal Planning]</i></p> <p>Mrs. Verma was worried about the leftover food (rice and dal) at home. Suggest two ways in which she can repurpose the leftover rice and dal? [Application]</p>
43.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Ranvir’s family moves to different parts of the country very frequently as his father is an army officer. What can be two possible benefits to his personality development as a young adolescent while growing up in different environments? [Analysis]</p>
44.	<p><i>[Meal Planning]</i></p> <p>Good knowledge of seasonal foods is essential for home managers. Justify the statement. [Understanding]</p>
45.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Examine the psychological underpinnings of bullying behaviour by identifying any two characteristics common to bullies. [Analysis]</p>
46.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>John has dyscalculia. Illustrate with <i>two</i> examples of how his school board can support him for the upcoming board examinations. [Application]</p>

S.No.	Questions
<p>47.</p>	<p><i>[Meal Planning]</i></p> <p>Identify what the following image is referring to and list <i>two</i> benefits of the same.</p> <div data-bbox="427 504 1145 1249" data-label="Figure"> </div> <p style="text-align: right;">[Application]</p>
<p>48.</p>	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Your school is planning to redesign its school uniforms to create a more comfortable and practical look for students. As a member of the student council, you have been asked to provide input on the new uniform design. Identify two essential features that the new uniform should incorporate to enhance students' comfort and learning experience. Justify your choices.</p> <p style="text-align: right;">[Application]</p>
<p>49.</p>	<p><i>[Meal Planning]</i></p> <p>Your school has recently reported a spike in cases of foodborne illness among students. As the head of the school's hygiene committee and a Home Science student, you have been tasked with improving the hygienic conditions of the school canteen. Identify two crucial hygienic measures that should be implemented immediately to prevent the recurrence of such incidents.</p> <p style="text-align: right;">[Application]</p>
<p>50.</p>	<p><i>[Meal Planning]</i></p> <p>Natural preservatives are crucial for enhancing food safety and shelf life. Justify the statement.</p> <p style="text-align: right;">[Understanding]</p>

S.No.	Questions
51.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Rosy received a silk scarf as gift. Suggest any two precautionary measures she should follow while ironing a silk scarf. [Application]</p>
52.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Coloured clothes need extra care while washing. Justify the statement. [Understanding]</p>
53.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>A family learned that their younger child had been abused by a family member and has decided to file a legal complaint. Suggest any <i>two</i> Acts which can address the issue. [Understanding & Application]</p>
54.	<p><i>[Communication and Extension]</i></p> <p>Your community center is organising a drawing competition for underprivileged children to promote their creativity and self-expression. As the coordinator of the event, you are responsible for ensuring that all participants have the necessary materials. Considering the age group and skill level of the participants, identify <i>two</i> essential drawing materials that should be provided to foster maximum creativity and engagement. Justify your choices. [Application]</p>
55.	<p><i>[Communication and Extension]</i></p> <p>Ayushman Bharat is the world's comprehensive healthcare scheme. List any two objectives of this scheme. [Understanding]</p>
56.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Sarita's aunt observed blue patches on her white saree. She needs to clean them immediately. According to you, which precautions will Sarita's aunt follow while applying blueing agents? [Application]</p>
57.	<p><i>[Communication and Extension]</i></p> <p>Suggest any <i>two</i> ways how this scheme has benefitted the citizens of our country.</p> <div style="text-align: center;">  </div>

[Analysis]

IV: Long Answer Questions (5 Marks Each)

S.No.	Questions														
58.	<p><i>[Meal Planning]</i></p> <p>Bananas are very temperature sensitive, so the cold temperature of the fridge will cause the skin of the bananas to darken after a few days, at which point they should be discarded. According to the US Department of Agriculture, storing bananas at lower than desired temperatures could bring upon "chilling injury," which causes a bitter flavour and discolouration in the fruit.</p> <p>(Source: https://www.southernliving.com/food/fruits/banana/should-you-refrigerate-bananas)</p> <p>(a) Banana is a perishable food. Justify the statement.</p> <p>(b) Mention examples of any <i>two</i> perishable foods which you eat and their preservation technique.</p> <p>(c) Suggest two environment friendly methods of recycling banana peel.</p> <p style="text-align: right;">[Application]</p>														
59.	<p><i>[Communication and Extension]</i></p> <div style="text-align: center;">  <p>The Number of Endangered Species is Rising Number of animal species on the IUCN Red List, by class</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th>Year</th> <th>Total Species</th> </tr> </thead> <tbody> <tr> <td>2007</td> <td>7,851</td> </tr> <tr> <td>2010</td> <td>9,618</td> </tr> <tr> <td>2013</td> <td>11,212</td> </tr> <tr> <td>2016</td> <td>12,630</td> </tr> <tr> <td>2019</td> <td>14,234</td> </tr> <tr> <td>2022**</td> <td>16,900</td> </tr> </tbody> </table> <p>* other invertebrate (spineless) animals, such as crustaceans, corals and arachnids (spiders, scorpions) ** preliminary Source: IUCN Red List</p> <p style="text-align: right;">statista</p> </div> <p>Observe the statistics in the given image which speaks about alarming decline of animal species which has become global ecological threat. In this context, answer the given questions.</p> <p>(a) When do you call a species 'Endangered species'. (2)</p> <p>(b) What would you think are the factors responsible for the above decline in animal species year after year.? (2)</p> <p>(c) How would you contribute to minimize the above impact? (1)</p> <p style="text-align: right;">[Application]</p>	Year	Total Species	2007	7,851	2010	9,618	2013	11,212	2016	12,630	2019	14,234	2022**	16,900
Year	Total Species														
2007	7,851														
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S.No.	Questions
60.	<p><i>[Home Management]</i></p> <p>A modern concept that is quickly displacing traditional Indian style kitchen is modular kitchen. A modular kitchen is a perfect fusion of beautiful design and efficient use of space. It's crucial to choose reputable brands that offer greatest modular kitchen designs at lowest price with longest warranties. With respect to this answer the following questions</p> <p>(a) In today's world how modular kitchen has gained popularity? (2)</p> <p>(b) List any <i>two</i> common accessories of a modular kitchen. (2)</p> <p>(c) Traditional kitchens have become a hazard in today's environment. Justify the statement. (1)</p> <p style="text-align: right;">[Application & Analysis]</p>
61.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Differentiate the process of laundering of woollen cardigan to a cotton trouser.</p> <p style="text-align: right;">[Understanding]</p>
62.	<p><i>[Communication and Extension]</i></p> <p>Your school is organizing a science fair and has tasked you with creating an informative brochure about the event. The brochure will be distributed to students, parents, and teachers. Identify five key elements that your brochure must include to effectively communicate details, generate interest, and encourage participation. Justify your choices.</p> <p style="text-align: right;">[Application]</p>
63.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Rewrite the given laundry steps in logical order and explain their importance.</p> <p>(a) Washing</p> <p>(b) Starching and Blueing</p> <p>(c) Rinsing</p> <p>(d) Sorting</p> <p>(e) Drying</p> <p>(f) Ironing</p> <p>(g) Steeping</p> <p style="text-align: right;">[Understanding]</p>
64.	<p><i>[Meal Planning]</i></p> <p>List out factors affecting food safety in the kitchen.</p> <p style="text-align: right;">[Understanding]</p>
65.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Detergents are superior to soaps. Justify the statement.</p> <p style="text-align: right;">[Understanding]</p>

S.No.	Questions
66.	<p><i>[Meal Planning]</i></p> <p>Write a note on <i>any two</i> food preservation techniques practised at home.</p> <p style="text-align: right;">[Recall]</p>
67.	<p><i>[Communication and Extension]</i></p> <p>In an event held in your community on Women's Day, you have been asked to explain why policies and initiatives for women's education and participation in the workforce are important and how they help the overall community at large. Identify and justify arguments that explain the need for increased efforts for women's empowerment.</p> <p style="text-align: right;">[Understanding]</p>
68.	<p><i>[Communication and Extension]</i></p> <p>As a policy analyst for a developing nation, you have been tasked with improving the country's Human Capital Index (HCI). To achieve this, you need to identify the key factors influencing the HCI. Analyze the socioeconomic landscape of your country and determine five crucial areas where interventions can significantly impact the HCI.</p> <p style="text-align: right;">[Understanding]</p>
69.	<p><i>[Communication and Extension]</i></p> <p>Examine the eligibility criteria, formalities and procedures to enrol in MNREGA.</p> <p style="text-align: right;">[Analysis]</p>
70.	<p><i>[Selection and Care of Textiles and Clothing]</i></p> <p>Ruby is very keen to purchase ready-made garments. Suggest her <i>any five</i> tips to purchase them.</p> <p style="text-align: right;">[Application]</p>
71.	<p><i>[Home Management]</i></p> <p>Saving money is one of the essential aspects of building wealth and thus securing financial future. Justify the statement.</p> <p style="text-align: right;">[Application]</p>
72.	<p><i>[Home Management]</i></p> <p>Enumerate the various operations of a sink centre in the kitchen.</p> <p style="text-align: right;">[Understanding]</p>
73.	<p><i>[Home Management]</i></p> <p>A newly married couple would like to adorn their house with furnishings. Illustrate <i>any five</i> factors to be kept in mind while choosing curtains.</p> <p style="text-align: right;">[Analysis]</p>
74.	<p><i>[Home Management]</i></p> <p>Analyse the factors that contribute to a carpet's appeal as a flooring material, taking into account both practical and aesthetic aspects.</p> <p style="text-align: right;">[Understanding]</p>

S.No.	Questions
75.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Peer relationships during middle childhood can be challenging as well as supportive. Evaluate the statement. [Evaluate]</p>
76.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>As the School Captain, you have observed a noticeable change in a 9-year-old student's behaviour during break and activity hours. They have become increasingly withdrawn and isolated and have shown signs of decreased academic performance. Knowing that bullying incidences are common across schools, identify five potential characteristics this student might exhibit that would indicate they are being bullied. [Understanding]</p>
77.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Mrs Rodrigues has observed that her son, from an early age, faces difficulty in forming alphabets. Identify the disability he is suffering from, and state other symptoms observed in him. [Application]</p>
78.	<p><i>[Growth And Development (Middle Childhood)]</i></p> <p>Teachers have a unique lifelong impact to expand children's horizons and knowledge. Justify the statement. [Application]</p>
79.	<p><i>[Meal Planning]</i></p> <p>An athlete aged 20 years needs to incorporate a balanced meal in his diet. Enumerate the significance of an athlete's balanced meal. [Application]</p>
80.	<p><i>[Meal Planning]</i></p> <p>Suitable combination and variety play a significant role in meal planning. Evaluate the statement. [Understanding]</p>

Answer Key

S.No.	Expected Answers
1.	(b) Both i and iii
2.	(c) incentives
3.	(a) Warm
4.	(c) Both i and iii
5.	(b) Curtains with diagonal lines.
6.	(b) internal and indirectly measured.
7.	(b) Fat and sugar.
8.	(c) Only i and iii
9.	(b) Efficient work utility.
10.	(c) They are rebuking each other.
11.	(c) Both statements are true.
12.	(a) deterioration of food.
13.	(d) OFB
14.	(c) To create vacuum like conditions.
15.	(c) Both B and C
16.	(a) she did not use kneading and squeezing while washing.
17.	(b) Salt is hygroscopic.
18.	(a) Puppet show
19.	(c) Sari was exposed to jet of the steam coming of the nozzle of the kettles.
20.	(a) dry areas.
21.	(b) wilts
22.	(b) disinfect

S.No.	Expected Answers
23.	(b) neutral soap
24.	(d) Both A and R are true, but R is not correct explanation of A.
25.	(c) Both A and R are true, and R is correct explanation of A.
26.	(a) A is true, R is false.
27.	(a) A is true, R is false.
28.	(c) Both A and R are true, and R is correct explanation of A.
29.	(c) I-D, II-A, III-C, IV-B
30.	(c) I-C, II-D, III-B, IV-A
31.	(b) I-B, II-C, III-D, IV-A
32.	(c) I-C, II-D, III-B, IV-A
33.	(a) I-C, II-A, III-D, IV-B
34.	True
35.	True
36.	False
37.	Milestone
38.	Desired Items / luxurious items.
39.	(a) Possible Income (1) (b) Bank/post office (<i>any one agency</i>) (1)
40.	(Any two) <ul style="list-style-type: none"> • There is a possibility of modular kitchens getting outdated within no time. • They are expensive since manufacturing costs are high. • Local contractors cannot repair as they are not skilled with modular fittings.
41.	(a) Size of the room. (1) (b) General colour of the furnishings. (1)
42.	(a) Knead leftover <i>dal</i> with <i>atta</i> and prepare <i>parathas</i> . (b) Left over rice can be made into vegetable fried rice/mint rice/spinach rice.

S.No.	Expected Answers
43.	(a) He can quickly learn new languages. (1) (b) He can develop qualities like etiquettes, cooperation, sharing etc. (1)
44.	(a) Seasonal foods are cheaper. (b) Abundantly available in the market which makes them economical.
45.	(a) Positive self-concept about themselves. (b) Antisocial behaviour/breaks rules.
46.	(Any two of these) (a) Permitting usage of calculator. (b) Appointing a scribe for writing on his behalf while he delivers answers/ (c) Leniency in deduction of marks.
47.	(Any two of these) <ul style="list-style-type: none"> Balanced diet chart. Controls body weight. Lowers harmful cholesterol in the body /improves lung capacities / builds body immunity.
48.	Desirable features are (any two): <ul style="list-style-type: none"> Age Durability Texture Colour Season
49.	Hygienic measures (any two) <ul style="list-style-type: none"> Washing hand with bacterial soap. Avoid coughing, sneezing while handling food. Hair to be neatly tied to prevent the risk of falling in food. A clean apron. Should be completely free from pests and insects.
50.	(a) It reduces the spread of food borne viruses. (b) It improves taste and provides flavour. (c) It improves the shelf life of food products. (d) Chemical preservatives contain harmful chemicals, which are carcinogenic in nature and have poor nutritional value.
51.	Precautionary measures (any two) <ul style="list-style-type: none"> Ironing temperature should be 100 centigrade. Water should not be sprinkled while ironing as it leaves stains. It should be completely dry before ironing.

S.No.	Expected Answers
52.	<p>(Any two)</p> <ul style="list-style-type: none"> • Coloured clothes to be washed separately from white clothes. • Coloured clothes must never be soaked as colour may bleed. • They should be dried in shade as direct sunlight fades the colour.
53.	<p>Acts:</p> <p>(a) POCSO (b) Juvenile Justice Act.</p>
54.	<p>Materials (any two)</p> <ul style="list-style-type: none"> • Drawing paper A4 or A5 • Stationery • Drawing materials etc.
55.	<p>Objectives (any two)</p> <ul style="list-style-type: none"> • Free treatment is available in all public and private hospitals. • No restriction on family size, age and gender. • Provides a cover of 5 lakh per family per year for secondary and tertiary care and hospitalization. • It is portable across the country.
56.	<p>Precautions (any two)</p> <ul style="list-style-type: none"> • Check the amount of blue to be added. • It should not be dipped in blue water for a longer period of time. • It should be done on a sunny day.
57.	<p>Objectives (any two)</p> <ul style="list-style-type: none"> • Providing financial facilities such as bank accounts, credit and pension. • Open an account in any branch with a zero balance. • Anyone from the society especially the poorest and social disadvantaged can open the account. • Minors below 10yrs can avail the scheme.
58.	<p>(a) Banana is a perishable item because it is a temperature sensitive and can only be kept at room temperature for one or two days. (1)</p> <p>(b) (Any two items with a preservation technique for each.) (2)</p> <ul style="list-style-type: none"> • Milk – refrigeration. • Leafy vegetables - quick freezing or covering in damp paper or muslin cloth. • Meat / fish - freezer • Eggs - refrigeration <p>(c) Environment-friendly methods for recycling banana peel. (2)</p> <ul style="list-style-type: none"> • Peel-as a fruit waste recycled as manure for plants. • Banana peel is used for synthesizing fibres (wealth out of waste).

S.No.	Expected Answers
59.	<p>(a) A species of animal or plant that is seriously at risk of extinction is said to be endangered. (Full explanation 2 marks)</p> <p>(b) <i>(Any two of the following points)</i> (1+1 marks)</p> <ul style="list-style-type: none"> • Loss of genetic variation • Loss of habitat • Hunting • Poaching • Deforestation • Human activity (pollution) <p>(c) <i>(Any two of the following points)</i> (1)</p> <ul style="list-style-type: none"> • Report to authorities immediately if animals / plants are harmed. • Contribute funds to organisation which protect animals / plants / wildlife conservation. • Attend awareness programmes regarding this and create awareness to others in neighbourhood schools by using audio visual aids. • Know the laws and acts and create awareness about the laws and acts to people around at school, neighbourhood etc.
60.	<p>(a) <i>Various reasons of modular kitchen being popular (Any two)</i> (2)</p> <ul style="list-style-type: none"> • Its flexible in design. • Easy to assemble modules and people can move from one place to another. • Easy to clean. • Maintenance is easier. • provides efficient space utilisation with ample storage facilities. <p>(b) <i>(Any two of the following points)</i> (2)</p> <ul style="list-style-type: none"> • Cutlery basket. • Bottle pull outs. • Double shelf corner. • Basket partition. • Hot stand. <p>(c) Traditional kitchens are hazardous in today's environment. <i>(Any one)</i> (1)</p> <ul style="list-style-type: none"> • Lack of sunlight /ventilation. • Too much of smoke emanating from the fuels thus causing environmental issues. • Excessive fatigue and health issues of the home maker.

S.No.	Expected Answers
61.	<p><i>(All steps with important key words to be written to get 5 marks.)</i></p> <p>Woollen - Examine the garments for tears, holes, stains / foreign particles. For knitted woollens - tracing on brown paper helps to restore the cloth to its original shape as woollen are highly elastic.</p> <ul style="list-style-type: none"> • Steeping - For 5 to 10 minutes in cold water. • Washing - Neutral soaps can be used. Gently knead and squeeze fabric as it is susceptible to abrasion. • Rinsing - Clean, running water to be used to rinse once extra soap or detergent is squeezed out. Never twist or wrung, add vinegar in last rinse to avoid fading of colours. • Drying - Roll it in a towel squeeze extra water, spread it flat within outline and allowed to dry in shade. • Pressing - 100°Fahrenheit is applied after wrapping woollen item in a moist thin muslin cloth and pressed vertically, muslin cloth is remoistened as the woollen item gets dried up. <p>Cotton - No need of outline tracing. examine for tears, holes, mend accordingly.</p> <ul style="list-style-type: none"> • Sorting - Coloured and white sort out, sort out, too soiled cotton can be soaked overnight, less soiled ones for an hour. detergent solution, bleach cab be added in boiling water, lukewarm water and used for steeping. • Washing - Friction method can be applied brush, hand, stick, scrub board, washing machine. • Rinsing - Douse garment 2 to 3 times in clear tap water, add salt to prevent bleeding of colour. • Starching / Blueing - Starch and blue can be added together to water and white cottons can be soaked in it for if coloured cotton is only starching is preferred. • Drying - In sun or turn coloured cottons inside out before drying to prevent fading. • Ironing - 400-degree Fahrenheit is applied on cottons. For ironing to remove folds, wrinkles, as it is less elastic.
62.	<p><i>Features of a brochure:</i> <i>(1+1+1+1+1)</i></p> <ul style="list-style-type: none"> • Concise visually appealing, threefold formatted A4 size sheet print on both sides. • A combination of text and images are used while designing to convey information briefly and effectively. • Flexible medium for getting information about organization, targeted groups or public. • It can have organisations vision, mission, services they provide, history and good will of organisation. • Contact information, FAQ's, to know qualification, target audience. These can be repeatedly handled.

S.No.	Expected Answers
<p>63.</p>	<p><i>Arranging in logical order</i> <i>Explanation of them</i> (2 marks) (6 x ½ = 3)</p> <ul style="list-style-type: none"> • Sorting - Very much needed as fabrics sorting has certain parameters - colour, texture, fibre. • Steeping - Economizes labour, soap as clothes get wet thoroughly which helps to remove dirt easily. • Washing - Different washing methods are applied to remove dirt efficiently, also according to the fibre type, concerned washing method is used. • Rinsing - Is must as soap / detergent, bleaches etc can harm fabric if not rinsed thoroughly, can cause allergies to skin of the user. • Starching and blueing - If fabric is coloured cotton only starching which gives body and shape, new look to fabric, if fabric is white cotton-both starch, blue can be applied together which economise time, labour and give fabrics a new look, crispness to fabric. • Drying - To protect fabrics from microbial attack, bad odor of wetness fabrics should be perfectly dried under sun / shade. • Ironing - Certain fabrics like cotton, linen, develop wrinkles due to non-elastic nature, they have to be removed by ironing / pressing / steaming to give a new fresh look to the fabric after drying.
<p>64.</p>	<ul style="list-style-type: none"> • Personal hygiene of cook. • Cleanliness in the kitchen. • Quality of the food cooked as poorly cooked food is left uneaten. • Amount of food cooked according to requirement. • Hygienic handling of food. <p><i>(Any other relevant point)</i></p>
<p>65.</p>	<ul style="list-style-type: none"> • Can be rinsed out easily from fabric unlike soaps. • Can get dissolved in hard water. • Can get dissolved in cold water, can get dissolved in hot water. • Less surface tension and removes dirt readily unlike soaps. • Do not form stains on the fabric unlike soaps. <p><i>(Any other relevant point)</i></p>
<p>66.</p>	<p>Refrigeration - low temperatures retard /slow down activity of microbes, enzymes in fruits, vegetables. Leftover food can be preserved for more time. (2)</p> <p>Pickling - These contain spices, oil, salt, chilli powder etc. They change food medium into highly concentrated, by soaking up moisture, no moisture is available for germs and if they creep into pickles, their cells will get plasmolysed due to osmosis principle. (3)</p>

S.No.	Expected Answers
67.	<p><i>(Any five of these)</i></p> <ul style="list-style-type: none"> • To make women literates about social evils. • Protect them from gender discrimination. • The male to female ratio imbalance is alarming, to make it right, women empowerment is needed. • Workplace gender bias prevention. • Gender stereotype prevention. • To protect girls from the social evils like infanticides and foeticides, dowry, abuse, trafficking.
68.	<p><i>(Any five of the following)</i></p> <ul style="list-style-type: none"> • Education levels • Public Infrastructure • Gender Equality • Employment rates • Mortality rates • Technological advancement • Political stability
69.	<ul style="list-style-type: none"> • <i>Eligibility criteria</i> - Adult members of a rural household who are willing to do unskilled manual work apply for work. (1) • <i>Formalities /Procedures:</i> In writing /orally apply for registration if willing to do unskilled manual work. (1) • After verification, a job card with all household members willing to do manual work will be given free of cost. (1) • A dated receipt of written application for employment. Against which guarantee of providing employment within 15 days operates. (1) • Work to be provided within 5 km radius or else additional expenses for transportation, to be provided, along with weekly or fortnight wage payments. (1)
70.	<p><i>(Any five)</i></p> <ul style="list-style-type: none"> • Fitting or alteration may be required as these garments are manufactured keeping in mind an average body built of a category of people. • Colour - Her age group to be remembered. • Occasion for which she wants to purchase these garments. • Workman ship - While purchasing she should be checking, fabric quality and standards. • Fashion - Current fashion trends to be understood. • Budget - Have a good idea of budget planned for the purchase of the intended fabrics.

S.No.	Expected Answers
71.	<p>The easiest way to ensure financial security is to make savings. It is the result of careful planning and a realistic plan. It enhances us in various ways:</p> <ul style="list-style-type: none"> • Reduces economic security especially in old age after retirement. • It helps us during emergency, like loss of job, accident, natural calamities. • It is a source of income. • It is useful for long term goals, children’s education, family expenditure etc. • It maintains a good standard of living.
72.	<p>Various operations of a sink centre in the kitchen are: <i>(Any five)</i></p> <ul style="list-style-type: none"> • dish washing • washing his / her hands before and after cooking • washing fruits • washing vegetables • helps in easy rinsing • personal hygiene
73.	<p>Various factors that can be considered: <i>(1 mark for each point)</i></p> <ul style="list-style-type: none"> • Style - it should be purchased according to style and characteristics of furnishing. • Colour - fabrics should be chosen according to colour to ensure durability and easy maintenance. • Durability - strong fabrics should be chosen offering good abrasion resistance. • Budget - furnishings should be purchased according to budget. • Size of the room - it should be purchased according to the size of the room.
74.	<p>Utilities of a carpet are: <i>(Any five)</i></p> <ul style="list-style-type: none"> • A rich look to the room. • Gives an aesthetic look to the room. • Absorbs dust and noise. • Prevents flooring from scratches. • Attractive to the surroundings. • Provides warmth and comfort.
75.	<p>With gradual change peers are supportive in nature as well as challenging.</p> <p>Peer groups encourage to try out with new things, helps to develop identity, increases social interaction, teaches cooperation and helps to establish adaptability, understands emotional expressions and supports each other in times of distress.</p> <p>On the other hand, children need to confront challenges, bullying and any kind of negative influences and peer pressure.</p> <p>Negative peer pressure leads to teasing, physical aggression and indulging into antisocial activities. Middle childhood needs to face the challenges.</p>

S.No.	Expected Answers
76.	<p>Characteristics of a bullied child: <i>(Any five)</i></p> <ul style="list-style-type: none"> • likely to have low self-esteem. • they may avoid social interactions. • changes in behaviour. • physical injuries or damaged belongings. • difficulty concentrating or completing schoolwork. • avoiding school or specific areas within the school. • physical complaints such as headaches, stomach aches, etc.
77.	<p>Disability - Dysgraphia</p> <p>Symptoms: <i>(Any five)</i></p> <ul style="list-style-type: none"> • Difficult to form letters and write within a defined space. • Handwriting uneven and inconsistent. • Cannot visualise letters. • Cannot hold pencil correctly. • Thoughts are incoherent. • Grammatical errors
78.	<p>Role of teacher:</p> <ul style="list-style-type: none"> • Should design activities and lessons to expand their knowledge. • Inculcates the spirit of cooperation in them. • Practical experiences of living are taught. • Basic value systems are taught. • Lessons on cooperation, empathy, respect etc are taught.
79.	<p>Significance of a balanced meal in an athlete's life: <i>(Any five)</i></p> <ul style="list-style-type: none"> • Develops immunity. • Enhances muscular growth and development. • Increases one's exercise capacity. • Ability to fight diseases. • Facilitates mental and physical relaxation. • Controls body weight.
80.	<p>Suitable combination - It enhances the nutritional combination. Usually protein and carbohydrate are combined, thus improves the nutritional content. Example roti and dal, rice and chicken.</p> <p>Variety - This indeed plays an important role in meal planning. It changes appearance, colour texture and flavour of the meal.</p>

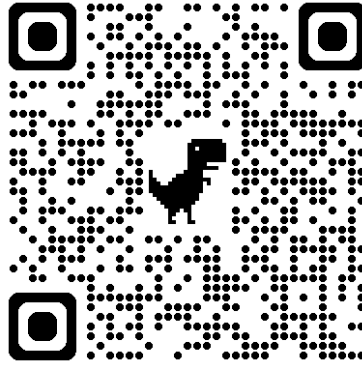


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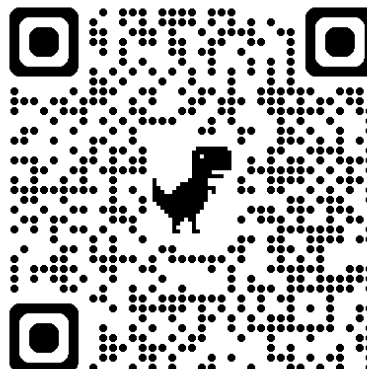
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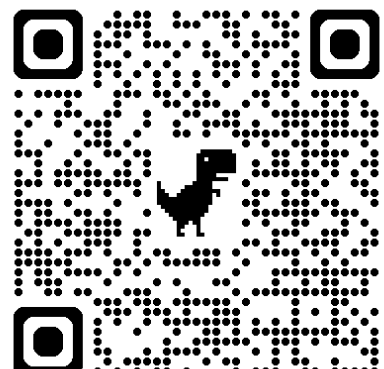
Maths



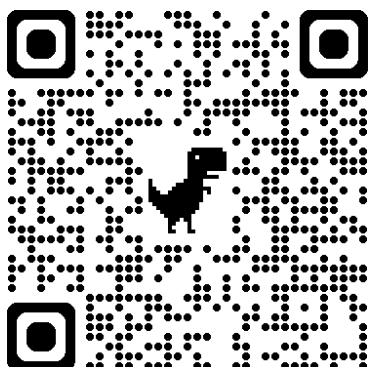
Physics



Chemistry



Biology



Hindi



Physical
Education



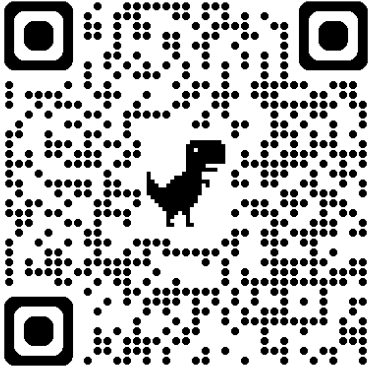
Computer
Applications





Prepare for ICSE CLASS 10
Free Resources

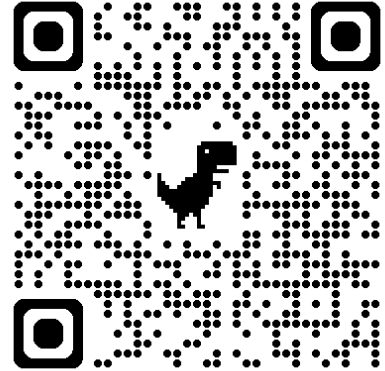
SCAN QR CODE Now



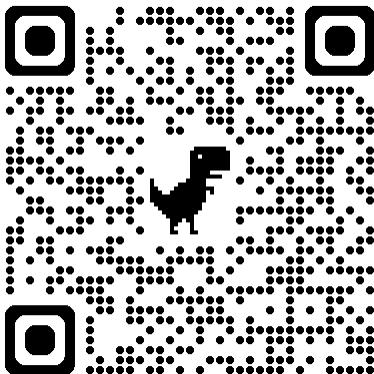
Economics



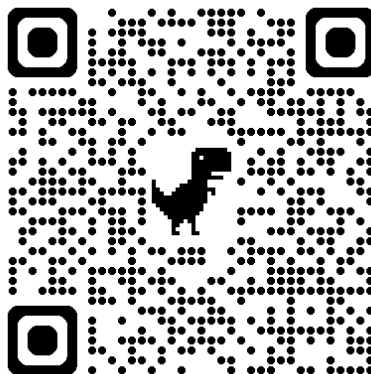
Commercial
Studies



French



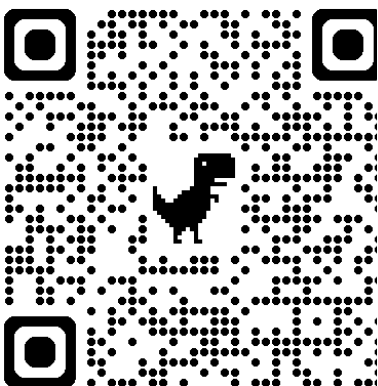
Robotics & AI



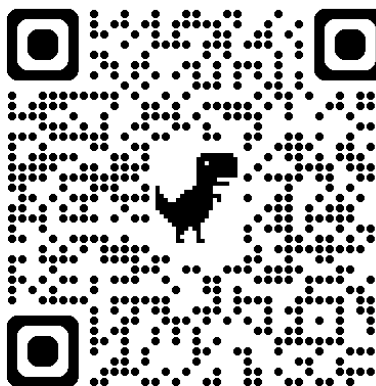
Home Science



EVS



Marathi



Gujarati



Odiya



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